



Fruit, Nut and Berry Harvest Schedule

Puget Sound Region-Western Washington

Apples					Aug	Sept	Oct	Nov
Blackberries					Aug	Sept		
Blueberries				Jul	Aug	Sept		
Boysenberries				Jul	Aug			
Cherries, Pie				Jul	Aug			
Cherries, Sweet			Jun	Jul				
Currants, Black			Jun	Jul	Aug			
Currants, Red			Jun	Jul	Aug			
Figs				Jul	Aug			
Gooseberries				Jul	Aug			
Grapes					Aug	Sept	Oct	
Kiwi						Sept	Oct	Nov
Loganberries				Jul	Aug			
Marionberries				Jul	Aug			
Melons					Aug	Sept	Oct	
Nuts						Sept	Oct	
Pears					Aug	Sept	Oct	Nov
Pears, Asian					Aug	Sept	Oct	Nov
Plums					Aug	Sept		
Prunes					Aug	Sept		
Quince							Oct	
Raspberries			Jun	Jul	Aug			
Raspberries, Fall					Aug	Sept	Oct	
Rhubarb	Apr	May	Jun					
Strawberries			Jun	Jul				
Strawberries, Everbearing			Jun	Jul	Aug	Sept		
Tayberries				Jul	Aug			

Herb Harvest Schedule

Puget Sound Region-Western Washington

Basil			Jul	Aug	Sept	Oct	
Chives	May	Jun	Jul	Aug	Sept		
Cilantro		Jun	Jul	Aug	Sept	Oct	
Dill		Jun	Jul	Aug	Sept		
Lavender			Jul	Aug	Sept		
Parsley		Jun	Jul	Aug	Sept	Oct	Nov
Rosemary		Jun	Jul	Aug	Sept	Oct	Nov
Sage		Jun	Jul	Aug	Sept	Oct	Nov
Tarragon		Jun	Jul	Aug	Sept		
Thyme		Jun	Jul	Aug	Sept	Oct	

Vegetable Harvest Schedule

Puget Sound Region-Western Washington

Artichokes									Sept	Oct		
Asparagus				Apr	May	Jun						
Bamboo Shoots				May	Jun							
Beans, Green							Jul	Aug	Sept			
Beans, Shell									Sept	Oct		
Beans, Wax							Jul	Aug	Sept			
Beets	Jan					Jun	Jul	Aug	Sept	Oct	Nov	Dec
Broccoli						Jun	Jul	Aug	Sept			
Brussels Sprouts	Jan								Sept	Oct	Nov	Dec
Cabbage	Jan	Feb				Jun	Jul	Aug	Sept	Oct	Nov	Dec
Carrots	Jan					Jun	Jul	Aug	Sept	Oct	Nov	Dec
Cauliflower							Jul	Aug	Sept			
Celery								Aug	Sept	Oct	Nov	
Chinese Vegetables				May	Jun	Jul	Aug	Sept	Oct			
Corn, Sweet								Aug	Sept	Oct		
Cucumbers, Pickling							Jul	Aug	Sept	Oct		
Cucumbers, Slicing							Jul	Aug	Sept	Oct		
Daikon						Jun	Jul	Aug	Sept	Oct	Nov	
Eggplant								Aug	Sept	Oct		
Garlic								Aug	Sept	Oct	Nov	Dec
Garlic, Elephant								Aug	Sept	Oct	Nov	Dec
Greens	Jan	Feb			May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Jerusalem Artichokes							Jul	Aug	Sept	Oct		
Kohlrabi								Aug	Sept	Oct	Oct	
Leeks	Jan	Feb	Mar						Sept	Oct	Nov	Dec
Lettuce					May	Jun	Jul	Aug	Sept	Oct	Nov	
Onions						Jun	Jul	Aug	Sept	Oct		
Parsnips	Jan	Feb							Sept	Oct	Nov	Dec
Peas, Chinese						Jun	Jul					
Peas, Shell						Jun	Jul					
Peas, Sugar Snap						Jun	Jul					
Peppers, Hot								Aug	Sept	Oct		
Peppers, Sweet								Aug	Sept	Oct		
Potatoes	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Pumpkins										Oct	Nov	
Radishes					May	Jun	Jul	Aug	Sept	Oct	Nov	
Shallots									Sept	Oct	Nov	Dec
Spinach					May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Squash, Summer						Jun	Jul	Aug	Sept	Oct		
Squash, Winter	Jan	Feb							Sept	Oct	Nov	Dec
Tea Leaves					May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Tomatoes							Jul	Aug	Sept	Oct		
Tumips	Jan					Jun	Jul	Aug	Sept	Oct	Nov	Dec
Zucchini						Jun	Jul	Aug	Sept	Oct		

For more information about specific farm products, farms, farmers markets and other places to buy locally grown food, visit www.pugetsoundfresh.org

Meat and Egg Availability Calendar

Puget Sound Region-Western Washington

Eggs	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Pork	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Beef	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Lamb	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Chicken						Jun	Jul	Aug	Sept	Oct		
Turkey											Nov	