

# Taoism, Change & Decision Making

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California Institute for Human Science, WWW.CIHS.EDU

Faculty Misha Goussev Ph.D., MBA

## CLASS DESCRIPTION AND LEARNING OUTCOMES

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### Description:

Taoism is one of the three cornerstones of the ancient Chinese wisdom, culture and philosophy along with Confucianism and Buddhism. Taoist philosophy and practices have served as a source of infinite wisdom and practical guidance in handling day-to-day challenges of life for millennia and are vividly alive today.

In this course we will explore the foundations of the Taoist thought, its key concepts and their applications in the modern world. The particular emphasis will be given to the study of the ancient classic the Book of Change (the I Ching) and its insights into the nature of the surrounding us reality.

The second part of the class will be focused on exploring the applications of the Book of Change in a hands-on and case study formats as a method for unlocking inner wisdom & intuition in the context of decision making in the modern society.

### Learning Outcomes:

Learn the key concepts of Taoist philosophy and practices and explore their relevance in the modern world  
Study the ancient classic the Book of Change (the I Ching) and its insights into the nature of the surrounding reality  
Apply the Taoist wisdom embodied in the Book of Change to unlock your inner wisdom & intuition in decision making

## CLASS OUTLINE & SCHEDULE

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### Part 1 Introduction to Taoism

Class # 1      [History, key concepts, beliefs and practices](#)  
Class # 2      [Introduction to the \*Tao Te Ching\*](#)  
Class # 3      [The modern view: \*The Tao of Dow\*](#)

### Part 2 Foundations of the *I Ching*

Class # 4      [Introduction & traditional applications](#)  
Class # 5      [Anatomy: metaphysical foundation & yin/yang theory](#)  
Class # 6      [Anatomy: the eight trigrams & the cycle of change](#)  
Class # 7      [Modern view: Synchronicity, Chaos Theory and Genetic Code/DNA](#)

### Part 3 Wisdom & Intuition in Decision Making with the *I Ching*

Class # 8      [Foundations of Decision Making](#)  
Class # 9      [Deliberate Method of Analysis with the \*I Ching\*](#)  
Class # 10     [Case studies and Summary](#)